

Please print and fill out form.

First and last name, age \_\_\_\_\_

What is your problem? \_\_\_\_\_

\_\_\_\_\_

How long have you been suffering? \_\_\_\_\_

What happened? \_\_\_\_\_

Are you getting worse? \_\_\_\_\_

Which activities aggravate your problem? \_\_\_\_\_

\_\_\_\_\_

Do your symptoms worsen as the day goes on? Yes \_\_\_ No \_\_\_

Have you had anything similar in the past? \_\_\_\_\_

Have you been diagnosed previously? If yes what is it? \_\_\_\_\_

\_\_\_\_\_

Have you had surgery? \_\_\_\_\_

How often do you go to the dentist? \_\_\_\_\_

Do you sleep face down in bed? Yes \_\_\_ No \_\_\_

Have you ever had a whiplash like injury? If yes, when? \_\_\_\_\_

Have you had other traumas? If yes, when? \_\_\_\_\_

How much time do you spend seated at home, in the car or at work? \_\_\_\_\_

Use pharmaceuticals? (specify which ones) \_\_\_\_\_

\_\_\_\_\_

Other disturbances? \_\_\_\_\_

\_\_\_\_\_

Indicate exactly where you feel pain or other symptoms

